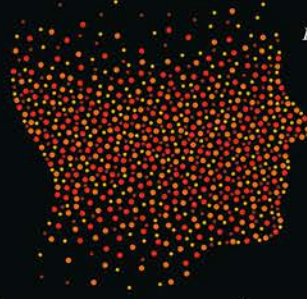




NEW YORK TIMES BESTSELLER

ROBERT M. SAPOLSKY

Author of *BEHAVE*



Determined

A SCIENCE OF LIFE
WITHOUT FREE WILL

"Outstanding for its breadth of research, the liveliness of the writing, and the depth of humanity it conveys." —*The Wall Street Journal*



Determined: A Science of Life without Free Will Robert Sapolsky, Ph.D.

John A. and Cynthia Fry Gunn Professor of Biology, Neurology, and Neurosurgery at Stanford University.

Bestselling author of several books, including *Why Zebras Don't Get Ulcers: The Acclaimed Guide to Stress, Stress-Related Diseases, and Coping*.

Oliver Burkeman

New York Times bestselling author of *Meditations for Mortals*, *Four Thousand Weeks: Time Management for Mortals*,

Thursday, February 20, 2025, 12:00 PM

Register: www.bit.ly/SapolskyFANWebinar

PLUS: After-Hours Event!

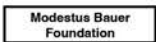
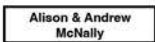
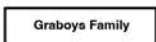
Purchase a copy of *Determined* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Sapolsky. Details on the Zoom registration form.

This event is #freeandopentothepublic and will be recorded.

Suitable for youth 12+

Presented by FAN and 49 of our member schools and organizations.

familyactionnetwork.net



SUPPORTERS

The Alliance for Early Childhood + The Anderson Family + Martin & Mary L. Boyer Foundation + Gorton Community Center + Stephanie & Roger Hochschild
Maureen & Collin Kebo + Mammel Foundation + The McCall Family + NU/SESP + Santa Clara University College of Law + Diana Terlato + U. of C./Crown



FOR IMMEDIATE RELEASE: ROBERT SAPOLSKY, Ph.D. - ON ZOOM

CONTACT: Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Monday, February 24, 2025, 12:00 PM CT, Determined: A Science of Life without Free Will, a FAN webinar featuring Robert Sapolsky, Ph.D. in conversation with Oliver Burkeman (FAN '24). REGISTER: www.bit.ly/SapolskyFANWebinar

BONUS AFTER-HOURS EVENT: Attendees who purchase a copy of *Determined* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Sapolsky that will start immediately after the webinar. Details on the webinar registration page.

One of our great behavioral scientists, **Robert Sapolsky, Ph.D.**, the bestselling author of *Behave: The Biology of Humans at Our Best and Worst*, mounts a devastating scientific and philosophical case against free will—an argument with profound consequences.

Behave, Sapolsky's now classic account of why humans do good and why they do bad, pointed toward an unsettling conclusion: we may not grasp exactly how nature and nurture create the physics and chemistry that cause all human behavior, but that doesn't mean they don't exist. In his latest book ***Determined: A Science of Life Without Free Will***, Sapolsky takes his argument all the way, mounting a brilliant (and in his inimitable way, delightful) full-frontal assault on the pleasant fantasy that there is some separate self who tells our biology what to do.

Determined offers a marvelous synthesis of what we know about consciousness—the tight weave between reason and emotion and between stimulus and response in the moment and over a life. One by one, Sapolsky takes out all the major arguments for free will, cutting a path through the thickets of chaos theory and quantum physics. But as Sapolsky acknowledges, it's sometimes impossible to uncouple from our zeal to judge people, including ourselves. *Determined* applies this new understanding to some of our most essential questions around punishment, morality, and living well together. Most of all, Sapolsky argues that while accepting the reality about free will is monumentally difficult, it will make for a much more humane world.

Sapolsky will be in conversation with **Oliver Burkeman** (FAN '24), *New York Times* bestselling author of *Meditations for Mortals: Four Weeks to Embrace Your Limitations and Make Time for What Counts*; *Four Thousand Weeks: Time Management for Mortals*, and *The Antidote: Happiness for People Who Can't Stand Positive Thinking*.

This event suitable for youth 12+. It will be recorded and available on FAN's website and YouTube channel.

Sponsored by **FAN**, in partnership with The Avery Coonley School, Baker Demonstration School, Beacon Academy, Bernard Zell Anshe Emet Day School, Brickton Montessori School, British International School of Chicago/Lincoln Park, British International School of Chicago/South Loop, Catherine Cook School, Chiaravalle Montessori School, Compass Health Center, Countryside Day School, Evanston Township HS D202, The Family Institute at Northwestern University, Family Service Center, The Frances Xavier Warde School, Francis W. Parker School, Glencoe D35, Glenview Public Library, Gorton Center, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Lake Bluff D65, Lake Forest Academy, Lake Forest Community High School D115, Lake Forest Country Day School, Latin School of Chicago, Leo Catholic High School, Libertyville D70, Lycée Français de Chicago, New Trier High School D203, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Psychgeist Media, Regina Dominican High School, Resurrection College Prep High School, Rogers Park Montessori School, Roycemore School, Santa Clara University School of Law, Science & Arts Academy, The Sonia Shankman Orthogenic School, Stevenson High School D125, Township High School D113, University of Chicago Crown Family School of Social Work, Policy, and Practice, Wilmette Public Library, Wolcott College Prep, Woodlands Academy, Youth & Opportunity United.