



The Universal Path for Leading Yourself & Others

"The best book on leadership I've read in years"  
—Daniel H. Pink, #1 New York Times bestselling author of *Drive*

# INSPIRE

ADAM GALINSKY



# Inspire: The Universal Path for Leading Yourself and Others

**Adam Galinsky, Ph.D.**

Professor of Psychology and Director of the Grief, Loss and Social Stress (GLASS) Lab at the University of Arizona.

**Amy C. Edmondson, Ph.D.**

Psychotherapist, author, and host of the *Grief is My Side Hustle* podcast.

**Monday, March 3, 2025, 7:00 PM**

**Register: [www.bit.ly/AGFANWebinar](http://www.bit.ly/AGFANWebinar)**

**PLUS: After-Hours Event!**

Purchase a copy of *Inspire* from FAN's partner bookseller The Book Stall to receive a link to an interactive "After-Hours" event hosted by Galinsky and Edmondson. Details on the Zoom registration form.

**This event is #freeandopentothepublic and will be recorded.**

**Suitable for youth 12+**

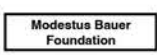
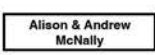
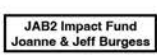
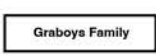
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**FOR IMMEDIATE RELEASE: ADAM GALINSKY, Ph.D. - ON ZOOM**

**CONTACT:** Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

**Monday, March 3, 2025, 7:00 PM, Inspire: The Universal Path for Leading Yourself and Others, a FAN webinar featuring Adam Galinsky, Ph.D. in conversation with Amy C. Edmondson, Ph.D. REGISTER: [www.bit.ly/AGFANWebinar](http://www.bit.ly/AGFANWebinar)**

**BONUS AFTER-HOURS EVENT:** Attendees who purchase a copy of *Inspire* from FAN's partner bookseller The Book Stall are invited to attend an AFTER-HOURS event hosted by Galinsky and Edmondson that will start immediately after the webinar. Details on the webinar registration page.

Social psychologist and leadership expert **Adam Galinsky, Ph.D.** has spent three decades building a method for determining when we are inspiring versus infuriating, and where various leaders—presidents, CEOs, coaches, teachers, parents, and a wealth of others—currently land on that spectrum. In his new book ***Inspire: The Universal Path for Leading Yourself and Others***, Galinsky shows how inspiring leaders can fill us with a wellspring of hope and possibility as they guide us to become better versions of ourselves. In contrast, infuriating leaders disappoint and annoy, fueling seething cauldrons of rage. But both types of leaders are deeply connected—together, they represent a universal continuum that is rooted in the very architecture of the human brain. This means that inspiring leaders aren't born—instead, we can inspire or infuriate in any given moment through our behavior, words, or presence.

Whether you're a leader, a member of a team, a spouse, or a parent, this engaging and rigorous exploration unpacks the science of inspiration. Through compelling stories, fascinating research, and practical tips for addressing the common dilemmas we face daily, *Inspire* reveals how all of us, regardless of status or circumstance, can be more inspiring more often.

Galinsky is the Paul Calello Professor of Leadership and Ethics at Columbia Business School and has published more than 200 scientific articles on leadership, negotiations, diversity, and ethics. He is an Executive/Associate Producer on two documentaries short-listed for Best Documentary at the Academy Awards.

Galinsky will be in conversation with **Amy C. Edmondson, Ph.D.**, the Novartis Professor of Leadership and Management at the Harvard Business School, a chair established to support the study of human interactions that lead to the creation of successful enterprises that contribute to the betterment of society. She studies teaming, psychological safety, and organizational learning.

This event suitable for youth 12+. It will be recorded and available on FAN's website and YouTube channel.

Sponsored by **FAN**, in partnership with The Avery Coonley School, Avoca D37, Baker Demonstration School, Beacon Academy, Bernard Zell Anshe Emet Day School, Brickton Montessori School, British International School of Chicago/Lincoln Park, British International School of Chicago/South Loop, Catherine Cook School, Chicago Jewish Day School, Compass Health Center, Connections for the Homeless, Countryside Day School, The Cove School, Evanston Scholars, Evanston Township HS D202, The Family Institute at Northwestern University, Family Service Center, The Frances Xavier Warde School, Francis W. Parker School, Glencoe D35, Glenview Public Library, Gorton Center, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Kenilworth D38, Lake Bluff D65, Lake Forest Academy, Lake Forest Community High School D115, Lake Forest Country Day School, Latin School of Chicago, Leo Catholic High School, Libertyville D70, Lycée Français de Chicago, Magnetar Capital, Morgan Park Academy, New Trier High School D203, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Pope John XXIII School, Regina Dominican High School, Resurrection College Prep High School, Rogers Park Montessori School, Roycemore School, Santa Clara University School of Law, Science & Arts Academy, Stevenson High School D125, Township High School D113, UChicago Network for College Success, University of Chicago Crown Family School of Social Work, Policy, and Practice, Wilmette Public Library, Winnetka D36, Woodlands Academy, Youth & Opportunity United.