



# The Way of Play: Using Little Moments of Big Connection to Raise Calm and Confident Kids

## Tina Payne Bryson, Ph.D.

Psychotherapist, bestselling author, founder and executive director of The Center for Connection, and co-founder of The Play Strong Institute.

## Georgie Wisen-Vincent, LMFT

Nationally recognized play therapy expert and co-founder and head of faculty for The Play Strong Institute.

## Carly Andrews

Executive director of The Alliance for Early Childhood.

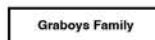
**Thursday, January 30, 2025, 7:00 PM**

**Register: [www.bit.ly/BWVFANWebinar](http://www.bit.ly/BWVFANWebinar)**

**BONUS BOOK GIVEAWAY, sponsored by FAN!**  
**Details on Zoom registration page.**

This event is #freeandopentothepublic and will be recorded.  
 Suitable for youth 12+

Presented by **FAN** and 60 of our member schools and organizations.  
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### SUPPORTERS

The Alliance for Early Childhood + The Anderson Family + Gorton Community Center + Stephanie & Roger Hochschild + Maureen & Collin Kebo Mammel Foundation + The McCall Family + Northwestern University/SESP + Santa Clara University College of Law + Diana Terlato



**FOR IMMEDIATE RELEASE: TINA PAYNE BRYSON, Ph.D. and GEORGIE WISEN-VINCENT, LMFT – ON ZOOM CONTACT:** Lonnie Stonitsch, Executive Director of FAN, lonnie@familyactionnetwork.net

Thursday, January 30, 2025, 7:00-8:00 PM, [The Way of Play: Using Little Moments of Big Connection to Raise Calm and Confident Kids](#), a FAN webinar featuring Tina Payne Bryson, Ph.D. and Georgie Wisen-Vincent, LMFT in conversation with Carly Andrews. **REGISTER:** [www.bit.ly/BWVFANWebinar](http://www.bit.ly/BWVFANWebinar)

**BONUS BOOK GIVEAWAY!** FAN is giving away copies of *The Way of Play* to randomly selected Zoom attendees. Details on the webinar registration page.

Most parents understand that free, unstructured playtime is great for children’s development. What they may not know is that playful interaction *with parents* is also a powerful way for kids to cultivate healthy emotional development and resilience. Kids often want their parents to play with them, but many parents don’t know how to play or see it only as an (often boring) way to kill time.

Playing with your kids doesn’t have to mean enrolling in countless parent-and-me classes or getting on all fours and making toy car sounds; the little daily moments together can make the most impact. In *The Way of Play: Using Little Moments of Big Connection to Raise Calm and Confident Kids*, world-renowned pediatric therapists and play experts **Tina Payne Bryson, Ph.D.** and **Georgie Wisen-Vincent, LMFT** offer simple, playful techniques that harness this caregiving magic in only a few minutes each day.

Full of science-backed research, real-life stories, and charming line illustrations to bring this novel advice to life, *The Way of Play* will help you nurture your kids and encourage them to become calm listeners, cooperative problem solvers, and respectful communicators. Just as important, it will help your whole family have more fun together and build stronger relationships.

Bryson is the founder and CEO of The Center for Connection, a multidisciplinary clinical practice in Southern California. She is the co-author (with Dan Siegel, MD, FAN ‘13) of four books, including the *New York Times* bestsellers *The Whole-Brain Child* and *No-Drama Discipline*. Wisen-Vincent is a nationally recognized play therapy expert and co-founder (with Bryson) and head of faculty for The Play Strong Institute, a continuing education and training organization for professionals and parents.

Bryson and Wisen-Vincent will be in conversation with **Carly Andrews**, executive director of The Alliance for Early Childhood, a nonprofit organization devoted to nurturing the healthy development of young children by equipping early childhood educators, parents, and families with resources, education, and support.

This event suitable for youth 12+. It will be recorded and available on FAN’s website and YouTube channel.

Sponsored by **FAN**, in partnership with The Alliance for Early Childhood, The Avery Coonley School, Avoca D37, Baker Demonstration School, Barrington D220, Beacon Academy, Bernard Zell Anshe Emet Day School, Brickton Montessori School, British International School of Chicago/Lincoln Park, British International School of Chicago/South Loop, Catherine Cook School, Chiaravalle Montessori School, Chicago Jewish Day School, Compass Health Center, Countryside Day School, Evanston Township HS D202, The Family Institute at Northwestern University, Family Service Center, Foundation 65, The Frances Xavier Warde School, Francis W. Parker School, Glencoe D35, Glenview Public Library, Gorton Center, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Kenilworth D38, Lake Bluff D65, Lake Forest Country Day School, Latin School of Chicago, Leo Catholic High School, Libertyville D70, Lycée Français de Chicago, Morgan Park Academy, Near North Montessori School, New Trier High School D203, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Pope John XXIII School, Regina Dominican High School, Resurrection College Prep High School, Rogers Park Montessori School, Roycemore School, Sacred Heart Schools, St. Bernard's School, Santa Clara University School of Law, Science & Arts Academy, The Sonia Shankman Orthogenic School, Stevenson High School D125, Township High School D113, UChicago Network for College Success, University of Chicago Crown Family School of Social Work, Policy, and Practice, Wilmette D39, Wilmette Public Library, Winnetka D36, Wolcott College Prep, Woodlands Academy, Youth & Opportunity United.