



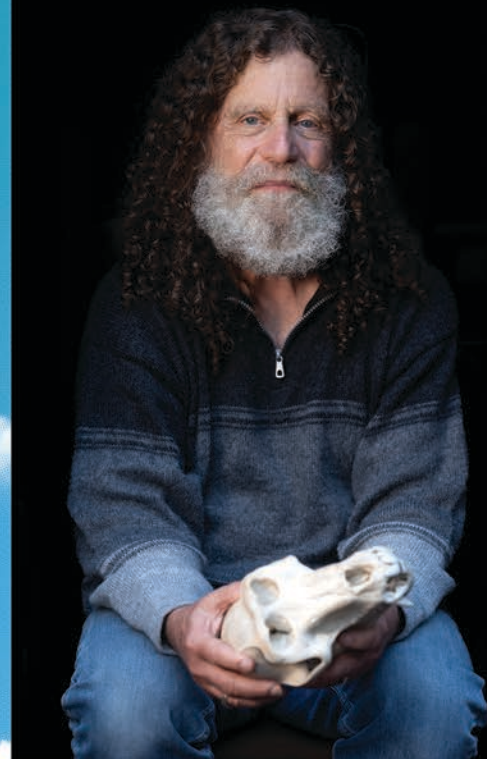
"THIS BOOK IS A RAY OF LIGHT FOR DARK DAYS." —ADAM GRANT



HOPE FOR CYNICS

THE SURPRISING SCIENCE OF HUMAN GOODNESS

JAMIL ZAKI



Hope for Cynics: The Surprising Science of Human Goodness Jamil Zaki, Ph.D.

Full professor of psychology at Stanford University and director of the Stanford Social Neuroscience Laboratory.
Author of the 2019 book *The War for Kindness: Building Empathy in a Fractured World*.

Robert Sapolsky, Ph.D.

John A. and Cynthia Fry Gunn Professor of Biology, Neurology, and Neurosurgery at Stanford University.
Bestselling author of several books, including *Why Zebras Don't Get Ulcers: The Acclaimed Guide to Stress, Stress-Related Diseases, and Coping*.

Thursday, September 26, 2024, 7:00 PM

Register: www.bit.ly/ZakiFANWebinar

BONUS BOOK GIVEAWAY, sponsored by FAN!
Details on Zoom registration page.

This event is #freeandopentothepublic and will be recorded.
Suitable for youth 12+

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FOR IMMEDIATE RELEASE: JAMIL ZAKI, Ph.D. – ON ZOOM

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Thursday, September 26, 2024, 7:00 PM, Hope for Cynics: The Surprising Science of Human Goodness, a FAN webinar featuring Jamil Zaki, Ph.D. (FAN '19) in conversation with Robert Sapolsky, Ph.D. REGISTER: www.bit.ly/ZakiFANWebinar

BONUS BOOK GIVEAWAY! We are giving away copies of *Hope for Cynics* to randomly selected Zoom attendees. Details on the webinar registration page.

“With rigorous scientific research and fascinating narratives, Zaki challenges the belief that humanity is inherent selfish, and advocates, instead, for a ‘hopeful skepticism’ that creates a better world.” – Charles Duhigg (FAN '24)

In 1972, half of Americans agreed that most people can be trusted; by 2018, only a third did. Different generations, genders, religions, and political parties all think human virtue is evaporating. Cynicism is an understandable response to a world full of injustice and inequality. But in many cases, it is misplaced. Dozens of studies find that people fail to realize how kind, generous, and open-minded others really are. Cynical thinking deepens social problems: when we expect the worst in people, we often bring it out of them.

We don't have to remain stuck in this cynicism trap. Through science and storytelling, **Jamil Zaki, Ph.D.** (FAN '19), director of the Stanford Social Neuroscience Laboratory and author of the new book *Hope for Cynics: The Surprising Science of Human Goodness*, imparts the secret for beating back cynicism: *hopeful skepticism*—thinking critically about people and our problems, while honoring and encouraging our strengths. Far from being naïve, hopeful skepticism is a precise way of understanding others that can rebalance our view of human nature and help us build the world we truly want.

Zaki will be in conversation with **Robert Sapolsky, Ph.D.**, the John A. and Cynthia Fry Gunn Professor of Biology, Neurology, and Neurosurgery at Stanford University, as well as a research associate at the Institute of Primate Research, National Museums of Kenya. His books for non-scientists include *Why Zebras Don't Get Ulcers: The Acclaimed Guide to Stress, Stress-Related Diseases, and Coping*; *Behave: The Biology of Humans at Our Best and Worst*; and most recently, *Determined: A Science of Life Without Free Will*.

This event suitable for youth 12+. It will be recorded and available on FAN's website and YouTube channel.

Sponsored by **FAN**, in partnership with The Alliance for Early Childhood, The Avery Coonley School, Baker Demonstration School, Beacon Academy, Bernard Zell Anshe Emet Day School, Brickton Montessori School, British International School of Chicago/Lincoln Park, British International School of Chicago/South Loop, Catherine Cook School, Chiaravalle Montessori School, Chicago Jewish Day School, Compass Health Center, Countryside Day School, Evanston Scholars, Evanston Township High School D202, The Family Institute at Northwestern University, Family Service Center, The Frances Xavier Warde School, Francis W. Parker School, Glencoe D35, Gorton Center, Haven Youth and Family Services, Hyde Park Day School, Illinois Student Assistance Commission, Kenilworth D38, Lake Bluff D65, Lake Forest Academy, Lake Forest Community High School D115, Lake Forest Country Day School, Latin School of Chicago, Leo Catholic High School, Libertyville D70, Lycée Français de Chicago, Near North Montessori School, North Shore Country Day, Northwestern University Office of Neighborhood and Community Relations, Northwestern University School of Education and Social Policy, Pope John XXIII School, Regina Dominican High School, Resurrection College Prep High School, Rogers Park Montessori School, Roycemore School, Sacred Heart Schools, St. Bernard's School, Santa Clara University School of Law, Science & Arts Academy, The Sonia Shankman Orthogenic School, Stevenson High School D125, Wilmette Public Library, Wolcott College Prep, Woodlands Academy, Youth & Opportunity United.