



Family Action Network (FAN), the Franke Family Fund at North Shore Country Day School, and the Edible Schoolyard Project, in partnership with Chiaravalle Montessori School, Chicago Botanic Garden, Glencoe D35, Karen Malkin Health Consulting, Kenilworth D38, The Organic Gardener, The School of Saints Faith, Hope & Charity, The Yellow Tractor Project, Winnetka D36, and Winnetka Park District proudly present:

Edible Education: Teaching the Art of Simple Food

Alice Waters

Chef, activist, author and proprietor, Chez Panisse, Berkeley, California

Tuesday, April 8, 2014

7:00 PM

(Doors open at 6:00 PM)

**North Shore Country Day School Auditorium
310 Green Bay Rd., Winnetka**

SEATING IS LIMITED.

130 seats in auditorium,

125 seats in remote viewing area on campus.

Event will be videotaped for later viewing.

AND: A North Shore Doc Film Premiere!

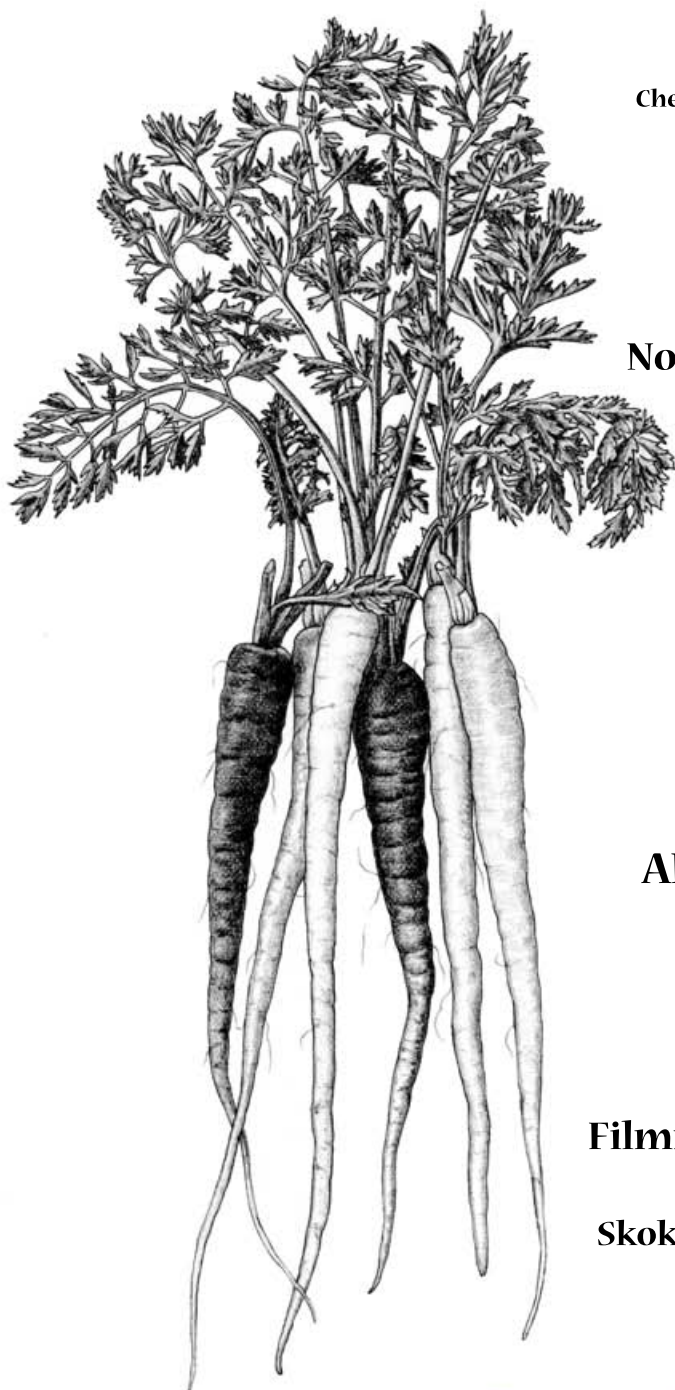


Filmmakers: Jeff Spitz and Jennifer Amdur Spitz

Thursday, April 10, 2014, 7:00 PM

Skokie School Auditorium, 520 Glendale Ave., Winnetka

*Sponsored by FAN, Whole Foods Market Northbrook,
Winnetka D36, and Winnetka Park District*





FOR IMMEDIATE RELEASE

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Tuesday, April 8, 2014, Edible Education: Teaching the Art of Simple Food, 7:00 PM (doors open at 6:00 PM), North Shore Country Day School Auditorium, 310 Green Bay Rd., Winnetka, 60093. **Please Note:** Seating is quite limited at this event. Only 130 auditorium seats and 120 remote viewing seats are available on a first-come, first served basis. The event will be videotaped for future viewing on the FAN website. The snow has melted, and in spite of continuing cold temperatures the sunlight is beginning the work of greening our landscapes. Gardening supplies are popping up in stores, and after a record-setting winter, the urge to plant and cultivate food is awakened. And just a few days after the vernal equinox, the world-renowned chef, author and activist **Alice Waters**, proprietor of **Chez Panisse** in Berkeley, California, and founder of the **Edible Schoolyard Project (ESYP)**, arrives to inspire our efforts. For Ms. Waters, long considered the mother of American cuisine and the organic food movement, planting and cultivating one's own food is the way to be "connected to the whole cycle of life." In her newest book, *The Art of Simple Food II: Recipes, Flavor, and Inspiration from the New Kitchen Garden*, she exhorts us to "treasure the farmer, nurture the soil, plant wherever you are, learn from nature, cultivate your palate, make your own, eat whole foods, share the harvest, and teach children the art of simple food."

Ms. Waters, a three-time James Beard award winner and an **IACP Lifetime Achievement Award** recipient, will appear on stage in conversation with **ESYP Executive Director Katrina Heron**. Ms. Waters will provide an overview of her personal story, describing what led her to this point in her career with **Chez Panisse** and with the **ESYP** and its national expansion. She will also focus on the contents of *The Art of Simple Food II*, discussing what is significant about planting and cooking from kitchen gardens.

BONUS EVENT: Thursday, April 10, 2014, Film Screening of "Food Patriots," 7:00 PM, Skokie School Auditorium, 520 Glendale Ave., Winnetka, 60093. The son of filmmakers **Jeff Spitz** and **Jennifer Amdur Spitz** nearly died from a foodborne illness, and so they set out to make a documentary about the ways various "Food Patriots" are trying to change the way Americans eat and buy food, and how they are working to educate the next generation of consumers. The film and its public screening events offer a practical approach: change what you buy and eat by just 10% – think local, fresh, organic and sustainably-raised. The screening, with the filmmakers present, is sponsored by **FAN, Whole Foods Market Northbrook, Winnetka D36** and the **Winnetka Park District**.

Alice Waters is sponsored by **Family Action Network (FAN)**, the **Franke Family Fund** at **North Shore Country Day School**, and the **Edible Schoolyard Project**, in partnership with **Chiaravalle Montessori School**, **Chicago Botanic Garden**, **Glencoe D35**, **Karen Malkin Health Consulting**, **Kenilworth D38**, **The Organic Gardener**, **The School of Saints Faith, Hope & Charity**, **The Yellow Tractor Project**, **Winnetka D36**, and **Winnetka Park District**. CPDUs available for education professionals. Free and open to the public. Visit www.familyactionnetwork.net for more information. **FAN** is grateful for the support of its 2013-14 financial sponsors **Compass Health Center**, **Evanston Township High School D202**, **Evanston/Skokie D65**, **New Trier High School D203**, **North Shore Community Bank**, **North Suburban YMCA**, **Northbrook Citizens for Drug and Alcohol Awareness (NCDAA)**, **The Family Institute at Northwestern University**, the **Martin & Mary L. Boyer Foundation**, the **Mammel Foundation**, and **Tina & Byron Trott**, along with our in-kind sponsors **Acclaim Media**, **The Book Stall at Chestnut Court**, and **Turing Group**.

